

# Curves®

## THE MEMBERSHIP

*With More!*

A Curves Coach at every workout!



A Curves membership gives you the tools and support you need to **reach your goals** and set the stage for a **healthier, more active future.**

# JOIN

# for \$1\*

with annual membership

At Curves You Get MORE!	Curves	TRADITIONAL GYMS
30-Minute Total Body Circuit Workout (Strength Training, Cardio, Stretching)	✓	✗
Experienced & Professional Coach at Every Workout	✓	✗
One-on-One Monthly Coaching Session Included†	✓	✗
Specialty Fitness Classes**	✓	✓
Safe & Effective Machines Designed Especially for Women	✓	✗
Supportive Community of Women Just Like You	✓	✗
Curves Member Portal**	✓	✗

Locally Owned and Operated

#CurvesStrong



Curves.com

\* Monthly membership fees also required and vary by location. Offer based on first visit enrollment for a 12-month recurring billing fitness membership. Valid at participating locations only. Cannot be combined with any other offer or discount. No cash value. Offer expires 2/28/19.

† First week of every month. \*\* Available at participating locations. Additional fees may apply.

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